



Article 59 (1 of 2)

CHANGE YOUR ENEMIES TO POTATOES

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A KG Teacher decided to engage her students in a useful activity for a week; this activity is called the “Potato Game.” She asked her students to bring a bag of potatoes to school.

She gave them instructions. First, on each potato, write the name of a person you hate. Example: If you hate 5 people, you should have, in your bag, only 5 potatoes marked by the names of the 5 people you hate. Second, each student should carry his bag with him wherever he goes for a week.



As time progressed, the students started to complain from the weight they are carrying around and the bad smell which is coming out of the potato bag. More complaints came from the students who are carrying heavier bags. After a week, the students were happy because the game ended. Then the teacher asked her students about their feelings during the game. They were unhappy carrying unnecessary weight with unpleasant odor.

The teacher told her students that hating people is just like hating potatoes; hating people stains hearts and makes you carry hate (with odor and weight) with you wherever you go. If it is difficult to carry hate for a week, it would be more difficult to carry it for life.

When you forgive those who hurt you, you are not doing them a favor; you are doing the favor to yourself. I may close by asking Allah, the Dispenser of grace



Muslim Educators

Article 59 (2 of 2)

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to clean our hearts from hate. [And so, they who come after them pray: "O our Sustainer! Forgive us our sins, as well as those of our brethren who preceded us in faith, and let not our hearts entertain any unworthy thoughts or feelings against [any of] those who have attained to faith. O our Sustainer! Verily, Thou art compassionate, a dispenser of grace!"] (Quran 59:10 - Alhashr)

Drop the acid; drop the filth; drop the odor; drop the weight. I ask Allah to make us among those who follow the best of what they hear.